



## Mollie's story

As a sophomore in college, Mollie discovered a mole on her thigh. In the following six months, she underwent surgery, chemotherapy and radiation. The Mollie Biggane Melanoma Foundation was created in her memory after her tragic death at the age of twenty.

## Our mission

We will increase awareness for melanoma prevention, provide information and services on skin cancer detection, and support melanoma patients through education of the latest treatments.

[MolliesFund.org](http://MolliesFund.org)

# How to protect your baby from

## Skin Cancer

**Schedule a:**  
yearly exam with a dermatologist.

### Use the ABC's

**A = Away**  
Stay away from the sun between 10am and 4pm

**B = Block**  
(after age 6 months)  
Use sunscreen with an SPF of at least 30, apply 30 minutes prior to going outside. Re-apply every 2 hours and after swimming.

**C = Cover Up**  
Wear long sleeves, hat and sunglasses

Begin your child's sun protection in infancy and continue throughout life.

Approximately **80%** of lifetime sun exposure is acquired during the first 18 years of life.

Sun exposure can damage the skin and lead to skin cancer. **There is no such thing as a safe tan.**

You can get vitamin D from healthy foods and vitamins while still protecting your skin.

Keep your baby in the shade. Cover the baby's skin with clothing and a hat.

Keep the baby out of the sun especially during the hours of 10am and 4pm, when the sun is the strongest.

Use sunscreen on small areas of the baby if protective clothing and shade are not available.

Parents should set a good example by protecting themselves from the sun.



## Protect your baby from the sun!

Created by Mollie's Fund and MCS advertising with assistance from Victoria Siegel, RN, MSN, Ed.D

For more information go to: [MolliesFund.org](http://MolliesFund.org) or download the app to your iPhone, iPod or iPad.

©2010 Mollie Biggane Melanoma Foundation